



ALL DAY BREAKFAST

Granola and Berry Parfait Low fat yogurt, blueberry compote and homemade granola	AED 24
Nathalie's Whole Wheat Pancakes Served with your choice of blueberries, strawberries or caramelized bananas and maple syrup or Nutella	AED 28
Turkey and Cheese Crêpe Lean turkey & emmental cheese served with mixed greens	AED 32
Nutella and Banana Crêpe Nutella, banana slices, toasted hazelnuts	AED 32
Fresh Mixed Berries Strawberries, raspberries, blueberries & red currants served with a side of honey low fat yogurt & granola	AED 32
Chia Pod Almond milk, vanilla and honey	AED 32
Date and Walnut Whole Wheat Scones Cinnamon maple low fat cream cheese	AED 28
Peanut Butter and Jelly Bagel Toasted bagel with a side of strawberry jam & peanut butter	AED 24
Smoked Salmon Bagel Pink peppercorns, lemon bits & low fat dill cream cheese	AED 36
Foul Moudammas Served with whole wheat pita bread & fresh veggies	AED 28
Labneh Low fat labneh, whole wheat pita bread & fresh veggies	AED 22
Whole Wheat Zaatar Manouche Side of low fat labneh & fresh veggies	AED 18
Le Croque Monsieur	AED 36
...Topped with a Poached Egg On multi seed toast with a side of mixed greens	AED 42
Goat Cheese & Figs on Toast Drizzled with honey and topped with walnuts	AED 36
Breakfast Burrito Scrambled eggs, beef chorizo, cheddar & refried beans in a whole wheat tortilla served with avocado slices and a side of salsa	AED 38
Sam's Eggs Grilled halloumi, sunny side up eggs and multi seed toast	AED 38
Scrambled Eggs Served with potato & leek rostitis and multi seed toast	AED 38
Mushroom and Swiss Omelette Roasted potatoes, grilled tomatoes and multi seed toast	AED 42
Mushroom and Swiss Egg-white Omelette Baby asparagus, roasted potatoes, grilled tomatoes and multi seed toast	AED 45
Eggs Any Style 2 eggs, roasted potatoes, grilled tomatoes and multi seed toast	AED 38



ALL DAY BREAKFAST

<i>Go carb free with portobello mushrooms</i>	AED 10
Eggs Benedict Toasted English muffins, lean turkey, poached eggs & hollandaise	AED 45
Eggs Royal Toasted English muffins, wilted spinach, smoked salmon, poached eggs & hollandaise	AED 48



SALADS

*Our salad counter is decked with goodness.
Please ask your waiter about the daily specials!*

Small Bowl Your choice of any 2 daily specials	AED 35
Large Bowl Your choice of any 3 daily specials	AED 45
<i>A la Carte</i>	
Kale Caesar Our take on the classic, without mayo... All hail!	AED 50
Sashimi Salad Mixed greens, salmon and tuna sashimi, toasted black sesame seeds, pickled cucumbers and our yuzu dressing	AED 62
Freekeh Salad Green uncracked wheat, dates, manchego, green apples, candied pecans, baby roquette and white balsamic vinaigrette	AED 57

Top any dish with our Supershots
Nathalie's signature mix/ chia seeds/ goji berries/ chopped nuts/ maca powder



PIZZETTES

A baked whole wheat crust that's baked first then topped fresh! Ask your waiter about adding extra protein to your favorite one...

Fresh Baby Mozzarella and Oven Roasted Cherry Tomatoes On a pesto-avocado base, topped with baby roquette	AED 32
Roasted Veggies & Grilled Onions On a hummos base, topped with a sprinkle of parsley	AED 32
Courgette Carpaccio On a lemon ricotta base topped with parmesan shavings and toasted pine nuts, parsley & balsamic	AED 32
Avocado & Egg Our take on avocado on toast! Chili spiced avocado mash, fresh basil and a perfectly poached egg	AED 32
Goat Cheese & Oven Roasted Beets Topped with walnuts and baby roquette	AED 32



SANDWICHES



Order it on a bed of greens for a carb free option!

- Turkey, Brie and Avocado** AED 34
With cranberries on toasted ciabatta and mixed greens
- Adobo Chicken Quesadillas** AED 34
Served with a side of jalapenos, guacamole and salsa
- Chicken Msakhan** AED 34
Whole wheat markouk bread & yogurt-sumac dip
- Steak and Cheese** AED 38
Cereal baguette, caramelized onions, sautéed bell peppers served with a side of mixed greens
- Beef Shawarma Wrap** AED 32
Whole wheat markouk, sesame pasta and an onion, parsley and tomato slaw
- Salmon Baguette** AED 36
Cereal baguette, rocket, lemon & dill low-fat cream cheese, and capers with a side of mixed greens
- Baked Falafel Wrap** AED 24
Whole wheat markouk, sesame paste, pickled turnips, tomatoes, mint, lettuce served with pickled green chillies

MAINS



- Nathalie's Burger** AED 55
80/20 Angus beef patty, cheddar & grilled onions served on a brioche bun with a side of tomatoes, pickles, and lettuce
- The Portobello Burger** AED 65
80/20 Angus beef patty, cheddar & grilled onions served on mushroom "buns" with a side of tomatoes, pickles, and lettuce
- Slow Roasted Baby Lamb Shank** AED 85
Mashed potatoes & french beans, green peppercorn sauce
- Chicken Biryani** AED 55
Served with a side of raita and mango pickles
- Citrus Roasted Chicken** AED 50
Lemon-garlic potatoes
- Grilled Salmon Fillet and Veggie Soba Noodles** AED 60

THE PASTAS

- Spaghetti Arrabiata / add Prawns** AED 48 / 64
- Nathalie's Pink Alfredo with Grilled Chicken** AED 65
- Fresh Tomato & Basil** AED 50



SIDES



- Oven Roasted Potato Wedges** AED 16
- Mac & Cheese** AED 28
- Kale Gaba Rice** AED 18
- Chili, Garlic & Soy Broccoli** AED 18
- Sautéed Mushrooms** AED 18

KIDS MENU



- Spaghetti Bolognese** AED 32
Secretly loaded with diced carrots
- Oven Baked Crispy Chicken Tenders** AED 35
Served with our oven roasted potato wedges
- Grilled Cheese Sandwich** AED 28
On multi-seed toast with a side of mixed greens

DESSERTS



- Baked Apple Crumble** AED 26
Served with a scoop of vanilla ice cream
- Balsamic Strawberries** AED 28
Topped with a scoop of vanilla ice cream
- Goey Chocolate Cake** AED 26
Made with 70% chocolate

Please check out our counter for more treats!



ICE CREAMS

- Raspberry and Granola Frozen Yogurt** AED 18
- Nutella and Banana Sorbet** AED 18

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| Al Ain Mineral Water | AED 5 |
| Vos Mineral Water | AED 12 |
| Vos Sparkling Water | AED 18 |
| Soft Drinks | AED 12 |
| Sparkling Cucumber Water | AED 15 |
| Enrich Aloe Vera - Pomegranate and Cranberry | AED 16 |
| Coconut Water | AED 18 |
| Firefly Ice Teas | AED 20 |



SHAKES, SMOOTHIES AND FRESH JUICES



Shake it up with a supershot or add some granola for a little crunch!

Monkey Business

Almond milk, peanut butter, bananas, honey, sea salt and vanilla protein topped with granola

AED 32

The Nutella Shake

Milk, Nutella, bananas, toasted hazelnuts and vanilla protein

AED 32

Berry Blitz

Low fat yogurt, fresh berries and vanilla protein

AED 32

Apple Pie

Almond milk, green apples, cinnamon, honey and vanilla protein

AED 32

The Speed Dater

Almond milk, dates, cinnamon and a shot of espresso

AED 24

Strawberry Banana Smoothie

AED 26

Mango Lassi

AED 26

The Skinny Peach

Iced peach green tea

AED 17

Beet It

Freshly squeezed beetroot, carrot, orange and apple juice with a kick of ginger

AED 24

Cucumber Cooler

Fresh cucumber, watermelon and pomegranate juice

AED 24

Fresh Orange Juice

AED 22

Mint Lemonade

AED 22

Supershots

Nathalie's signature mix/ chia seeds/ goji berries/ chopped nuts/ maca powder



COFFEE AND TEA



Please ask about our freshly baked goodies and healthy treats!

Espresso	AED 13
Double	AED 17
Turkish Coffee	AED 18
Latte	AED 19
Cappuccino	AED 19
Coffee Frappuccino	AED 22
Mocha Frappuccino	AED 22
Coffee Mocha	AED 22
Americano	AED 18
Brewed Coffee	AED 18
Chai Latte	AED 19
Flat White	AED 19
Teas and Teasans	AED 19
Hot Chocolate	AED 20
Canarino	AED 16
White Coffee	AED 16



NIBBLES

Dip & Crunch

Seasonal crudites served with your choice of 2 dips

AED 32

Mouhamarra

Edamame Guacamole

Beetroot Hummos

Classic Hummos



Feta & Thyme

Cheese Board

AED 65

Brie de Meaux, Manchego, Blue Cheese & Goat Cheese

Deli Board

AED 65

Your choice of cheese, any of our signature dips,
smoked turkey & Spanish lomo

Energy Booster

AED 24

An assortment of our signature fruit and nut snacks